

Margaret Sims Hightower is a life strategist who has over 40 years of professional experience in counseling, training and consulting in the areas of family dynamics, relationships, grief, death and dying, cultural diversity, leadership and youth services.

As a consultant and trainer, Margaret was responsible for Multicultural Leadership Training of the Trainers for NASA, Ames Research Center, Dryden Flight Research, Marshall Space Flight Center, Lyndon B. Johnson Space Center, John F. Kennedy Space Center and Langley Research Center among other governmental agencies. She developed community development joint ventures between the US Center for Substance Abuse Prevention and US Housing and Urban Development that expanded the capacity of the organizations to control and manage community change, and develop effective and comprehensive prevention programs.

As a life strategist and counselor, Margaret aids clients in achieving positive mental health and wellness, particularly when persons are suffering as a result of negative life events, poor decisions, loss of faith and harmful relationships.

Margaret has provided individual, couples and family counseling for Churches of Christ since 2012. In 2018 Margeret co-founded Stonecrest Church of Christ's Mental Health Ministry. To date the ministry has served over 150 people.